



SOUTHEASTERN REGIONAL HIGH SCHOOL

Department of Athletics

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www.sersd.org/StudentServices/Athletics

CONCUSSION INFORMATION

The Southeastern Regional School District and Athletic Department have adopted the suggested guidelines for management of concussion in sports put forth by the National Federation of High School Sports (NFHS) sports medicine advisory committee.

Also, as we are sure you are aware; The Commonwealth of Massachusetts has passed into law ***“An Act Relative to Safety Regulations for School Athletic Programs”***. Below is a summary of the requirements of this law, and information on how to meet these requirements.

This law requires:

1. That public schools and, in addition, any other schools subject to the Massachusetts Interscholastic Athletic Association (MIAA) rules make sure that student athletes and their parents, coaches, athletic directors, school nurses and physicians and others learn about the consequences of head injuries and concussions through training programs and written materials.
2. Athletes and their parents to inform their coaches about prior head injuries at the beginning of the season.
3. Removing the student from play or practice If a student athlete becomes unconscious or suffers a known or suspected concussion during a game or practice,
4. Written certification from a licensed medical professional for “return to play”.
5. The law also prohibits coaches, trainers and others from encouraging or permitting a student athlete to use sports equipment as a weapon or to engage in sports techniques that unreasonably endanger the health and safety of him/herself or other players, such as helmet to helmet hits.

