

## Hawks' Helpful Connections



Bullying - text HOME to 741741

Self Harm - text HELLO to 741741

Domestic Abuse - text START to 88788

Trevor Project (LGBT+) -  
866-4-U-TREVOR

Crisis - text BRAVE to 741741

Youth Crisis - 1 (800) 448 - 4663

Homelessness (DTA)-  
1 (877) 382-2363

Suicide - (800) 273 - 8255

Suicide (Spanish) -  
1-866-628-9454

Suicide (Deaf & HoH) -  
1-800-799-4889

Drugs/Alcohol -  
1 (800) 662 - 4357

Eating Disorder -  
1 (800) 931 - 2237