

# A Powerful Message

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Brockton Area Prevention Collaborative

Brockton Area Prevention Collaborative is made up of five local community coalitions including the Brockton Mayor's Opioid Overdose Prevention Coalition, Bridging LIVES, EB Hope, Rockland CARES and Whitman Hanson WILL. The Brockton Area Prevention Collaborative is a regional group working together to address substance use prevention in the communities it serves.



As part of the strategic plan in bringing education and presentations to the community the Prevention Services Department of High Point Treatment Center is very excited to announce that on **Monday, May 16th at 6:30 pm** there will be a virtual presentation of Sullivan's Message.

Please click  
here to  
register for  
the event in  
advance.

Sullivan's Message combines Taylor's Message and Not in the Playbook presentations to raise awareness on alcohol, substance use, mental health and the importance of making good choices.

Kathi Meyer began to speak about alcohol awareness and the importance of making good choices after her daughter passed away from underage drinking. Kathi's husband, Chris Sullivan, is a former NFL player and a person in long-term recovery. Kathi and Chris now share their powerful message of their struggles around substance use. Kathi's perspective as a Mom combined with Chris's perspective as someone with a long-time heroin/alcohol addiction and mental health concerns touches many aspects of the listener.

This presentation is an amazing opportunity for both youth and adults to hear from two dedicated individuals who share the experiences they have faced in an effort to educate the community on a variety of topics surrounding substance use and mental health. Through their work, thousands across the region have been able to hear about their unique experiences and have been able to talk openly about their experiences with substance use and mental health.

Education is seen as one of the pillars of substance misuse prevention and we can all take part as a community by attending educational presentations like Sullivan's Message. We all have a part in helping others; by educating ourselves and supporting others, we can build resilience within our communities.



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